



May Letter of the Week

Winners Get a PHILIPS ESSENTIAL CARE 1200WATTS HAIR DRYER
BHC010/00

May Letter of the Month

Winner Gets a PHILIPS ESSENTIAL SELFIE HAIR STRAIGHTENER
HP8302/00

Letter of the Year Winner for 2021



Gets 1x Hisense 32"HD LED TV 32B5100H WITH BRACKET



Farzana Gounder.

Fijian heritage - a legacy we all should be proud of - not take for granted

Linguist and author Farzana Gounder went to New Zealand to further her studies because she had no choice due to the prevailing circumstances in the wake of the 2000 Speight coup. The political turmoil created fear and anxiety among expatriate academics who contemplated an early exit and would not be around to tutor her in her masters programme.

She went to New Zealand to continue her academic pursuits and achieved her goals.

Despite her painful experience she treasures her Giritiya heritage and still regards Fiji as home although she is happily settled in New Zealand.

Fiji is where her Indian ancestors found their new home after they left India as indentured labourers to work in sugarcane plantations here.

We learn two lessons from her story.

One is that she might have stayed in Fiji to complete her studies if there was no coup in 2000 and probably would have been hired to work here because of her expertise.

She was not the only Fijian who was victim of the political upheaval.

Many others left, not only Indo-Fijians but iTaukei and other races who were disillusioned by the civil unrest. They had little choice but went overseas looking for greener pastures, peace and security.

The same thing happened after the 1987 military coups.

Political instability is bad for any country. It not only drives the citizens away it also scares investors.

The second lesson from Ms Gounder's story is that there is an unbreakable bond between Fiji and those who are born and bred here. It's the reason they travel to Fiji regularly to renew acquaintances and reunite with families and relatives.

They still call Fiji home because that's where their heritage comes from.

It's a legacy that they are proud of - a legacy steeped in history - as Ms Gounder has recounted.

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your views

'A good newspaper is a nation talking to itself'

LETTERS

Fijian Spirit

Dewan Chand, Namadi Heights, Suva

The nation is currently gripped in the scare from the Coronavirus-19 pandemic and the Ministry of Health has thrown its full weight and resources to control it. New cases seem to be emerging every day and this is not a pretty story.

This means that some people are showing lackadaisical attitude towards this killer virus and hence we all suffer.

The lifting of the lockdown was such a relief. People rushed to the markets and supermarkets in search of food and the items they needed for survival.

It is so good to see neighbours helping each other, friends helping friends, churches and youth clubs reaching out to the needy in our society.

The Fijian spirit of being a Good Samaritan prevails. It is particularly meaningful for families where the breadwinner has lost his/her job.

And staying home in an unsettled environment is simply killing!

We all have heard sad sto-

ries of family violence, house-break-ins, robbery and violence on our streets, muggings and a general feeling of despondency seems to prevail.

However, if we all followed the Government protocols we will come out as winners at the end of it all.

Yes, the Fijian spirit of sharing and caring will see us through these rough times.

Domestic Cases

Varitema Tuvuki, Saru, Lautoka.

Domestic violence cases are being taken as a joke by some police officers.

The victim of domestic violence gets arrested instead of being helped just because of a small breach and for her own safety.

The Police officer could have escorted her to her brother's house instead of arresting her.

How will arresting her even help her with the situation?

Domestic violence is already on the rise because of this lockdown and people are already facing financial issues.

How will they come up with

the money to pay fines in this hard time. The problem could have been solved in a better way.

Can Fiji Women's Crisis Centre and Fiji Human Rights office work together and address the issue urgently.

Essence of Saving

Neelz Singh, Lami

5c tips on essence of saving penny by dollar.

Give your savings a boost; or budget your salary plan.

Put a Grocery Plan in Place; or Stop Impulse Shopping

Reevaluate your Insurance or Embark on a short term spending fast.

Saving is much like exercising: We know we should do it, but make a lot of excuses when we don't.

Retirement plan works if the contribution is done on time or insufficient fund; it will say when time to withdraw come near.

Either self-employment or career job, saving each penny can boost if needed in hard times or financial emergency strike? Past is gone, live your present and secure your future, money matters.



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FIJI'S YOUTH ACTIVIST ERNEST GIBSON JOIN GLOBAL EARTHSHOT PRIZE COUNCIL

Mahezabeen Nisha Khan

Ernest Kristoffer Gibson well done. Congratulations and all the best wishes

Flo Vakalutusau

Well done Ernest! Your father would be so proud of you!!

Sai Vakasilimi

Congratulations Ernest so proud of you

COVID-19: 11 NEW CASES DETECTED IN ISOLATION

Avendra Satesh Prasad

Please stop hiding yr covid symptoms. Get to a clinic. We need the country open n free so we could go back to work. As normal carry on our lives. Those who want to relax as always do so. But let the workers back. To work.

Kritika Goundar

Please increase in quarantine period so that it is detected I know it's to stay in the house for many days but we also be able to decrease the virus from spreading

Emma Low

Get well my fellow Fijians Stay strong...



Write to your SUN

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